Are you listening?

Communication is the key component in the fight against substance use disorders

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Objectives & Goals for the Day

- Recognize the role INSTEP plays
- Understand your role in communication accountability
- Practice listening and communicating without stigma
- Understand how your heightened awareness about this crisis will promote healthy communication in the fight against substance use disorder
Marching to overcome substance use disorder through:

SUPPORT | TRAINING | EDUCATION | PREVENTION
INSTEP

Coordinate support, training, education and prevention tools by collaborating with various organizations to assist those suffering from substance use disorder.
Marion County Impact

2017

80% of Marion county employers have observed prescription drug misuse by their employees.

64% increase in number of children placed in Marion county foster care due to parents with substance use disorder.

8-10 fold increase in the rate of fatal drug overdose from 2000-2016 in Marion county.

Marion county had more pharmacy robberies than the entire state of California.
How did this happen?

- 1990’s release of Oxycontin
- Marketing of non-addictive pain killers
- Pain as the fifth vital sign
- Focus on patient satisfaction
- Insufficient pain education
- Limited knowledge of pain strategies
It’s critical we are all INSTEP together!
Please stand if...

- You’ve taken care of a patient with a substance use disorder
- You’ve worked with a peer you suspect has a substance use disorder
- You’ve realized personal judgement surfacing with a peer or patient
- You know someone who has had a favorable outcome and is in recovery
Stigma Hurts

From Within
- Judged by everyone
- Blame themselves
- Life is unmanageable
- Low self esteem
- Powerless to change

From Outside
- Addiction is a moral failing
- Addiction is a weakness
- Addiction is a ‘choice’
- Judgment, discrimination and negative stereotyping
- MAT is trading one drug for another
Substance Use is NOT a Choice

“A lot of people think that addiction is a choice. A lot of people think it’s a matter of will. That has not been my experience. I don’t find it to have anything to do with strength.”

- Matthew Perry
Awareness Paradigms

Learn & Grow

Accountability

“I Feel”
emotions

“I Think”
opinions
perceptions
assumptions

“I Want”
wishes
desires
requests

Empathy

Respect

Protect & Defend

Judge

Blame

Demand
Role Play
The only courage that matters is the kind that gets you from one moment to the next.

Mignon McLaughlin
References


References

